



helvella - Abbreviations, Acronyms and Latin

Last updated:

Tuesday, 15 April 2025 10:01

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Table of Contents

Click on page number.

Table of Contents2

Alphabetic entries3

A.....3

B.....10

C14

D20

E.....23

F.....27

G30

H32

I35

J.....39

K.....39

L.....39

M.....42

N47

O50

P.....52

Q59

R.....61

S.....64

T.....69

U76

V.....77

W.....78

X.....79

Y.....79

Z.....79

Non-alphabetic entries80

ℳ ℹ.....80

%80

Ɔ80

Ƴ.....80

<.....80

>.....81

1.....81

3.....81

5.....81

7.....81

9.....82

.....82

3.....82

μ.....82

Greek83

End.....83

End.....83

Alphabetic entries

Listed in alpha order

Entries in plum colour are Latin or derived from Latin.

A

↑ ToC ↓ End

↓ B

A
adenine nucleobase (DNA and RNA)

A *@amino acid*

Alanine

A
Vitamin A

ā
After (usually written with a bar on top of the "a")

Aa, āā, ĀĀ
ana, of each

AA
Alopecia Areata

aaa
apply to affected area

AAG
Autoimmune Atrophic Gastritis

A&E, A and E 
Accident and Emergency

A1C
glycosylated haemoglobin (haemoglobin A1c)

AACE 
American Association of Clinical Endocrinologists <https://www.aace.com/>

ab
antibodies

ABI
Ankle Brachial Pressure Index

↑ ToC ↓ End Abbreviations & Acronyms

ABPI

Ankle Brachial Pressure Index

Abx

Antibiotics

a.c., ante cibum

before meals

ACB

Association for Clinical Biochemistry <https://www.acb.org.uk/>



ACD

Anaemia of Chronic Disease

ACE

Adrenal Cortex Extract

ACE

Angiotensin-Converting Enzyme

ACE

Vitamins A, C and E

ACE2

Angiotensin-Converting Enzyme 2

a.c.h.s., ac&hs, ante cibum et hora somni

before meals and at bedtime

ACPA

Anti-Citrullinated Protein Antibody

ACS

Acute Coronary Syndrome

ACTH

Adrenocorticotrophic Hormone

AD

Anti-Depressant

AD

Addison's disease

a.d., auris dextra

right ear

ad., add. addatur

add, let there be added

ad lib., ad libitum

"at one's pleasure", as much as one desires, freely

ad us., ad usum

according to custom

ADD

Attention deficit disorder

ADE

Adverse Drug Event

adenosyl

Adenosylcobalamin – a form of vitamin B12

ADH

Antidiuretic Hormone (aka vasopressin and Arginine Vasopressin)

ADHD

Attention Deficit Hyperactivity Disorder

ADK

Combined vitamins A, D and K (probably D3 and K2)

admov., admove, admoveatur

apply / add / let there be added

AdoCBL

Adenosyl Cobalamin – a form of vitamin B12

ADP

Adenosine Diphosphate (ADP) aka adenosine pyrophosphate (APP)

ADR

Adverse Drug Reaction

æq., æquales

equal

AF, AFib

Atrial Fibrillation

AFP

Atypical Facial Pain

AFTN

Autonomously Functioning Thyroid Nodule

AGA

Anti-Gliadin Antibodies

agit., agita

agitate (stir or shake)

AI

Adequate Intake (as of a nutrient)

AI

Adrenal Insufficiency

AIG

Autoimmune Gastritis

AIP

Autoimmune Protocol
Ala

AIT

Autoimmune Thyroiditis

AITD

Autoimmune Thyroid Disease

aka

also known as

AKI

Acute kidney injury

a.l., auris laeva

left ear

Ala

Alanine

@amino acid

ALA

Alpha-Lipoic Acid

ALA

α-linolenic acid (an omega-3 fatty acid)

Alk phos

Alkaline Phosphatase

ALP

Alkaline Phosphatase

ALT

Alanine Transaminase

alt. d., alt. dieb., alternis diebus

every other day, on alternate days

alt. h., alt. hor. , alternis horis

every other hour, at alternate hours

altern. d., alterno die

every other day

a.m., ante meridiem

before noon / morning

AMA

Antimitochondrial Antibody

AMA

Anti-microsomal antibody (now called Thyroid Peroxidase antibody)

AMAG

Autoimmune Metaplastic Atrophic Gastritis

AMH

Anti-Mullerian Hormone

AMHP

Approved Mental Health Professional

AMP

Adenosine monophosphate

amp., ampulla

ampule (ampul, ampoule)

amt

amount

ANA

Antinuclear Antibody

ana

of each

ANCA

Anti-Neutrophil Cytoplasmic Antibody

AOSD

Adult-Onset Still's Disease

a.p., ante prandium

before a meal

APC

Area Prescribing Committee

API

Active Pharmaceutical Ingredient

APP

Adenosine diphosphate (ADP) aka adenosine pyrophosphate (APP)

APS

Antiphospholipid Syndrome (Hughes Syndrome)

APS

Autoimmune Polyendocrine/Polyglandular Syndrome

APTT

Activated Partial Thromboplastin Time

aq., aqua

water

aq. bull., aqua bulliens

boiling water

aq. com., aqua communis

common water

aq. dest., aqua destillata

distilled water

aq. ferv., aqua fervens

hot water

ARC

Arcuate nucleus (hypothalamus)

ARFID

Avoidant Restrictive Food Intake Disorder

Arg

@amino acid

Arginine

ARB

Angiotensin II Receptor Blockers

ARDS

Acute Respiratory Distress Syndrome

Arg

@amino acid

Arginine

a.s., auris sinistra

left ear

AS

ankylosing spondylitis

ASD

Autistic Spectrum Disorder

Asn

@amino acid

Asparagine

Asp

@amino acid

Aspartic acid

ASQ

Ages And Stages Questionnaire

AST

Acute Suppurative Thyroiditis

AST

Aspartate aminotransferase

AT

Acute Thyroiditis

AT

Anti-thyroid

ATA

American Thyroid Association <https://www.thyroid.org/>



ATA

Antithyroid Antibodies

ATA

Antitransglutaminase Antibodies

ATC

around the clock

ATC code

Anatomical Therapeutic Chemical code

ATD

Anti-Thyroid Drug

ATP

Acute Thrombocytopenic Purpura

ATP

Adenosine triphosphate

ATTGA

Anti-transglutaminase antibodies

AU

Arbitrary units

a.u., auris utraque

both ears

AUC

Area Under the Curve

AV

atrioventricular

AVP

Arginine Vasopressin

AVP-D
Arginine Vasopressin Deficiency (formerly nephrogenic diabetes insipidus)

AVP-R
Arginine Vasopressin Resistance (formerly central diabetes insipidus)

AWMSG
All Wales Medicines Strategy Group <https://awmsg.nhs.wales/>



Ax
Assessment (often psychiatric)

x-code

AX
Axillary

B

↑ ToC

↓ End

↑ A

↓ C

B
Bilateral

B
Boron (chemical element)

B&R
Block and Replace

B1
Vitamin B1 – Thiamine or thiamin

B12
Vitamin B12 – Various cobalamins Vitamin B12 (Cobalamin)

B12D
B12 Deficiency

B2
Vitamin B2 – Riboflavin

B3
Vitamin B3 – Niacin, nicotinic acid and vitamin PP

B5
Vitamin B5 – Pantothenic acid

B6
Vitamin B6 – pyridoxine, pyridoxal, pyridoxamine, pyridoxal-5-phosphate

B7
Vitamin B7 aka Vitamin H – Biotin

B9
Vitamin B9 – Folic Acid or folates, methylfolate

BAETS

British Association of Endocrine and Thyroid Surgeons

BAM

Bile Acid Malabsorption

BAN

British Approved Name

BAT

Brown Adipose Tissue

BBB

Blood–Brain Barrier

BBT

Basal Body Temperature

BCAA

Branched-Chain Amino Acid

BD

Bipolar Disorder

bd, bis in die

twice a day

BDS, b.d.s., bis die sumendum

twice daily

BG

Blood Glucose

bib., bibe

drink

bid

twice a day

BI-RADS

Breast Imaging-Reporting and Data System

bis / bis in die, bis ind., bis indies

twice / twice a day

bis in 7 d., bis in septem diebus

twice a week

BM

Bowel Motion

BM

Buccal Mucosa

BMA



British Medical Association <https://www.bma.org.uk/>

BMD

Bone Mineral Density

BMI

Body Mass Index

BMIC

Breast Milk Iodine Concentration

BMJ



British Medical Journal <https://www.bmj.com/>

BNF



British National Formulary <https://bnf.nice.org.uk/>

BNFC



British National Formulary for Children <https://bnfc.nice.org.uk/>

BNO

Bowels Not Open

BNP

B-type Natriuretic Peptide

BO

Bowels Open

Bol., bolus

as a large single dose (usually intravenously)

BP

Blood Pressure

BP



British Pharmacopoeia <https://www.pharmacopoeia.com/>

BPA

Bisphenol A

BPC



British Pharmaceutical Codex

BPH

Benign Prostatic Hyperplasia

bpm	beats per minute	
BPPV	Benign Paroxysmal Postural Vertigo	
Br	Bromine (chemical element)	
BRCA - BRCA1 and BRCA2	Genes variants associated with breast and other cancers	
BSO	Bilateral Salpingo-Oophorectomy	
b.t.	bedtime	
BT	Blood Test	
bucc., bucca	Buccal / mouth or cheeks	
BTA	British Thyroid Association https://www.british-thyroid-association.org/	
BTF	British Thyroid Foundation https://www.btf-thyroid.org/	
BUCC	buccal (inside cheek)	
BUN	Blood Urea Nitrogen	
BVP	Blood Volume Pulse (sensor)	
BW	Body Weight	
Bx	Behaviour	<i>x-code</i>
Bx	Biopsy	<i>x-code</i>

C

Carbon (chemical element)

C

Cysteine

@amino acid

C

Cytosine nucleobase (DNA and RNA)

@amino acid

C

Vitamin C or L-ascorbic acid, or ascorbate (the anion of ascorbic acid)

C

Celsius temperature (formerly widely called centigrade)

c

centi- a prefix meaning one hundredth, 1/100

c̄, c., cum

with (usually written with a bar on top of the "c")

Ca

Calcium (chemical element)

CAD

Coronary Artery Disease

cAMP

Cyclic AMP, Cyclic Adenosine Monophosphate

CAP

Controlled Attenuation Parameter

cap., capiat

let him take (let the patient take)

cap., caps., capsula

capsule

CAS

Clinical Activity Score

CAT

Computerised Axial Tomography

CBC

Complete Blood Count (aka Full Blood Count)

CBD

Cannabidiol

CBL

Cobalamin (vitamin B12)

CBZ

Carbimazole

c/c

chief complaint

cc

cubic centimetre

c.c., cum cibo

with food

CCB

Calcium channel blocker

CCG

Clinical Commissioning Group

CCN3

Cellular Communication Network factor3

CCU

Coronary Care Unit

CD

Coeliac Disease

CD

Controlled Drug



CDB

Cannabidiol

CDC

Centers for Disease Control and Prevention <https://www.cdc.gov/>



CEA

Carcinoembryonic antigen

CeH

Central Hypothyroidism

cf.

confer, compare

CFS

Chronic Fatigue Syndrome

CGM

Continuous Glucose monitoring Systems

CGRP

Calcitonin Gene-Related Peptide

CH

Central Hypothyroidism

CH

Congenital Hypothyroidism

CHF

Congestive Heart Failure

CHM

Commission on Human Medicines

<https://www.gov.uk/government/organisations/commission-on-human-medicines>



CHT

Congenital Hypothyroidism

CI

Confidence Interval

cib., cibus

food

CK

Creatine Kinase

CKD

Chronic Kidney Disease

CKD-EPI

Chronic Kidney Disease Epidemiology Collaboration (a formula for estimating Glomerular Filtration Rate)

CKS

Clinical Knowledge Summary (former NHS documents now in NICE)

<https://cks.nice.org.uk/>



Cl

Chlorine (chemical element)

CLO

Cod Liver Oil

CLT

Chronic Lymphocytic Thyroiditis

c.m., cras mane

tomorrow morning

CMHN

Community Mental Health Nurse

CMS

Chronic Medication Service (NHS Scotland)



c.m.s., cras mane sumendus

to be taken tomorrow morning

CMT

Charcot-Marie-Tooth disease

CMV

Cytomegalovirus

c.n., cras nocte

tomorrow night

CNS

Central Nervous System

CNS

Clinical Nurse Specialist

c/o

complains of

cochl., cochleare

spoonful

cochl. ampl., cochleare amplum

an ample spoonful (a tablespoonful)

cochl. infant., cochleare infantis

a small spoonful (a teaspoonful)

cochl. mag., cochleare magnum

a large spoonful (a tablespoonful)

cochl. mod., cochleare modicum

a modest spoonful (a dessert-spoonful)

cochl. parv., cochleare parvum

a scant spoonful (a teaspoonful)

colet., coletur

let it be strained

COMA

Committee on Medical Aspects of Food Policy



comp., compositus

compound

COMT

Catechol-O-methyltransferase

contin., continuetur

let it be continued

COPD

Chronic Obstructive Pulmonary Disease

CoQ10

Coenzyme Q10

COVID-19

Coronavirus disease 2019

CPD

Continuing Professional Development

CPE

Community Pharmacy England



CPN

Community Psychiatric Nurse

cpt., capiat

let him take (let the patient take)

CQC

Care Quality Commission <https://www.cqc.org.uk/>



CRC

Colorectal Cancer

CrCl

Creatinine Clearance

CRH

Corticotrophin-Releasing Hormone

cr., crm

cream

CRP

C-reactive Protein

CRS

Cytokine Release Syndrome

CSF

Cerebrospinal Fluid

cst

continue same treatment

CSU	Catheter Stream Urine Sample	
CSV	Cerebral Sinus Vein Thrombosis	
CT	Calcitonin	
CT	Computed Tomography	
CT3M	Circadian T3 Method (Paul Robinson)	
CTS	Carpal Tunnel Syndrome	
Cu	Copper (chemical element)	
cuj., cujus	of which	
c.v., cras vespere	tomorrow evening	
CVD	CardioVascular Disease	
CVP	Central Venous Pressure	
Cx	Cancelled	<i>x-code</i>
Cx	Chest X Ray	<i>x-code</i>
CXR	Chest X-ray	
cyano	Cyanocobalamin – a form of vitamin B12	
cyath., cyathus	a glassful	
cyath. vinos., cyathus vinosus	a wine-glassful	
Cys	Cysteine	<i>@amino acid</i>

D

@amino acid

Aspartic acid

D, d., die

Day

D

Dextro (meaning: right)

D

Vitamin D (see Vitamins D2, D3 and D4)

D1, D2, D3

Deiodinase 1, 2 and 3 enzymes

D2

Vitamin D2 aka ergocalciferol

D3

Vitamin D3 aka colecalciferol/cholecalciferol

D4

Vitamin D4 aka 22-Dihydroergocalciferol

D5

Vitamin D5 aka sitocalciferol

da

give

Da

Dalton – the unit of atomic mass - 1/12 the mass of a carbon-12 atom.

DAO

D-Amino-Acid Oxidase

DAO

Diamine Oxidase

DAW

Dispense As Written (i.e., no generic substitution)

DBS

Deep Brain Stimulation

DC, dc, D/C, disc

discontinue

DDx

Differential Diagnosis

x-code

decoct., decoctum

decoction

DED

Dry eye disease

det., detur

let it be given

DEXA

Dual-Energy X-ray Absorptiometry (now DXA)

DHA

Docosahexaenoic acid (an omega-3 fatty acid)

DHEA

Dehydroepiandrosterone, prasterone

DHEAS

Dehydroepiandrosterone sulfate

DHSC

Department of Health and Social Care

<https://www.gov.uk/government/organisations/department-of-health-and-social-care>



DHT

Dihydrotestosterone

DI

Diabetes Insipidus (renamed Arginine Vasopressin Deficiency or Resistance – see AVP-D and AVP-R)

dieb. alt., diebus alternis

every other day; on alternate days

dil.

dilute

DIM

Diindolylmethane

dim., dimidius

one-half

DIN

Drug Identification Number

d. in p. æ., divide in partes æquales

divide into equal parts

DIO1, DIO2, DIO3

Deiodinase 1, 2 and 3 enzymes and genes which code for them.



Disp.

dispersible / dispense

DIT

Destruction-Induced Thyrotoxicosis

DIT

Diiodotyrosine

div., divide

divide; let it be divided doses

dL

decilitre

DLBCL

Diffuse large B-cell lymphoma

DM

Diabetes Mellitus

DMD, dm+d

Dictionary of medicines and devices - a major NHS database.



DNA

deoxyribonucleic acid

DNP

Do Not Prescribe

DO

Doctor of Osteopathic Medicine

DoH

Department of Health (now Department of Health and Social Care - DHSC)



dosis

days

DPF

Dental Practitioners' Formulary <https://bnf.nice.org.uk/dental-practitioners-formulary/>



dr

Drachm

DRV

Dietary Reference Value

DS

Down's syndrome

DS
Double Strength

DSM, DSM-5-TR
Diagnostic and Statistical Manual of Mental Disorders Fifth Edition, Text Revision <https://www.psychiatry.org/psychiatrists/practice/dsm>



d/t
due to

DTC
Differentiated Thyroid Carcinoma

d.t.d., dentur tales doses
give of such doses

DTE
Desiccated Thyroid Extract (= Natural Desiccated Thyroid)

DTO
Deodorized Tincture Of Opium

DUTCH
Dried Urine Test for Comprehensive Hormones

DVT
Deep Vein Thrombosis

DWP
Department for Work and Pensions



Dx
Diagnosis *x-code*

Dx
Discharged *x-code*

DXA
Dual-energy X-ray absorptiometry (previously DEXA)

Dz
Disease / Diseases

E	↑ ToC	↓ End	↑ D	↓ F
----------	--------------	--------------	------------	------------

E
Glutamate *@amino acid*

E

Vitamin E – 8 fat-soluble compounds that include tocopherols and tocotrienols

EAR

Estimated Average Requirement (as of a nutrient)

EB

Epstein-Barr

EBM

Evidence-Based Medicine

EBV

Epstein-Barr virus

EC

Enteric-Coated (termed gastro-resistant in BP)

EC NRV

European Community Nutrient Reference Value

<https://www.efsa.europa.eu/en/topics/topic/dietary-reference-values>



ECG

Electrocardiogram

ED

Emergency Department

EDA

Electrodermal Activity (sensor)

EDC

Endocrine-Disrupting Chemicals

EDS

Ehlers-Danlos syndrome

EEG

Electroencephalogram

EFA

Essential Fatty Acid, a type of fatty acid

eGFR

Estimated Glomerular Filtration Rate

EHIC

European Health Insurance Card



EKG

Electrocardiogram

ELGAN

Extremely Low Gestational Age Neonate

ELISA

Enzyme-linked immunosorbent assay

elix., elixir

elixir

EM

Erythema Multiforme

EM

Erythromelalgia

EMA

Endomysial antibody

EMA

European Medicines Agency <https://www.ema.europa.eu/en>



eMC

electronic Medicines Compendium <https://www.medicines.org.uk/emc>



EMG

Electromyography

e.m.p., ex modo prescripto

as directed (in the manner prescribed)

EMT

Emergency Medical Technician

EMU

Early Morning Urine sample

emuls., emulsum

emulsion

ENA

Extractable Nuclear Antigens

Endo

Endocrinologist

ENT

Ear Nose and Throat

EOD

Every Other Day

EOS

Eosinophils (as in blood test).

EOS

End Of Shift

EP

Electrophysiologist

EPA

eicosapentaenoic acid (an omega-3 fatty acid)

EPC

Endothelial Progenitor Cells

EPI

Exocrine Pancreatic Insufficiency

EPO

Evening Primrose Oil

ER

Emergency Room

ERCP

Endoscopic Retrograde Cholangio Pancreatography

ESR

Erythrocyte Sedimentation Rate

ESRD

End Stage Renal Disease

ESS

Euthyroid Sick Syndrome

ET

Essential Thrombocythemia

et

and

ETA

European Thyroid Association <https://www.eurothyroid.com/>



ETP

Electronic Transfer of Prescriptions



EUA

Examination Under Anaesthetic

EUPMC

European PMC - Europe PubMed Central



Ex *x-code*
Examination

Ex *x-code*
Excision

ex aq., ex aqua
in water, with water

exhib., exhibiatur
let it be given

F **↑ ToC** **↓ End** **↑ E** **↓ G**

F
Fluorine (chemical element)

F *@amino acid*
Phenylalanine

f., fiat, fiant
Make, let it be made

f.h., fiat haustus
make a draught

f.m., fiat mistura
make a mixture

FAD
Flavin Adenine Dinucleotide

FAQ
Frequently Asked Questions

FBC
Full Blood Count (aka Complete Blood Count)

f/c
film-coated

FCH
Familial combined hyperlipidaemia

FCS
Familial chylomicronaemia syndrome

FDA 
Food and Drugs Administration <https://www.fda.gov/>

FDG
fluorodeoxyglucose

FDG-PET

Positron emission tomography using fluorodeoxyglucose

FDH

Familial Dysalbuminaemic Hyperthyroxinaemia

Fe

Iron (chemical element)

FET

Frozen Embryo Transfer

FFA

Free Fatty Acid

FH

Familial Hypercholesterolemia

Fibro

Fibromyalgia

FIT

Faecal Immunochemical Test

FK

Farmacotherapeutisch Kompas (Pharmacotherapeutic Compass)  <https://www.farmacotherapeutischkompas.nl>

fl

Fluid (as in measures)

fl., fld., fluidus

fluid (usually meaning specifically liquid in health care)

FM

Fibromyalgia

FMH

Family Medical History

FMN

Flavin mononucleotide

FMRI

Functional Magnetic Resonance Imaging

FMT

Faecal Microbiota Transplant

FNA

Fine Needle Aspiration

FNAB

Fine Needle Aspiration Biopsy

FNB

Fine Needle Aspiration Biopsy

FND

Functional Neurological Disorder

FOB/FOBT

Faecal Occult Blood Test

FODMAP

Fermentable Oligosaccharides, Disaccharides, Monosaccharides And Polyols

f. pil/fiant pilulae

make a pill

f.s.a., fiat secundum artem

make according to art

FSH

Follicle Stimulating Hormone

ft., fiat

make; let it be made

FT3

Free T3

FT3I

Free T3 Index

FT4

Free T4

FT4I

Free T4 Index

FTC

Follicular Thyroid Carcinoma

FTI

Free Thyroxine Index (aka T7)

FTP

Fitness To Practice

Fx

Fracture

x-code

FY1, FY2

Foundation Year 1 or 2 doctor

FYI

For Your Information

G

@amino acid

Glycine

g

gram

G

guanine nucleobase (DNA and RNA)

GA

General Anaesthesia/Anaesthetic

GABA

Gamma-AminoButyric Acid, γ -aminobutyric acid

garg., gargarisma

gargle

GB/GBS/ GBV

Guillain-Barré / Syndrome / Virus

GCA

Giant Cell Arteritis

GD

Graves' Disease

GED

Graves' Eye Disease

GERD

Gastro-Esophageal Reflux Disease (see also GORD)

GET

Graded Exercise Therapy

GF

Gluten Free

GFR

Glomerular Filtration Rate

GGT

Gamma-Glutamyl Transferase

GH

Growth Hormone

GHD

Growth Hormone Deficiency

GHIC

Global Health Insurance Card

GI

Gastrointestinal

GI

Glycaemic Index

GIG

Gwasanaeth Iechyd Gwladol (NHS in Wales) <http://www.wales.nhs.uk/>



Gln

Glutamine

@amino acid

GLP-1

Glucagon-like peptide 1

GLP1-RA

Glucagon-Like Peptide-Receptor Agonists 1

Glu

Glutamic acid

@amino acid

Gly

Glycine

@amino acid

GMC

General Medical Council <https://www.gmc-uk.org/>



GO

Graves' Ophthalmopathy (aka Graves' orbitopathy)

GORD

Gastro-Oesophageal Reflux Disease (see also GERD)

GP

General Practitioner

GPC

Gastric Parietal Cell

GPCab

Gastric Parietal Cell antibodies

gr

grain

gr., granum

grain

GSL



General Sales List (medicines category)

GTD

Gestational Trophoblastic Disease

GTIN

Global Trade Item Number

GTN

Glyceryl trinitrate

GTT

Glucose Tolerance test

gtt(s), gutt., gutta(e)
drop(s)

H

↑ ToC

↓ End

↑ G

↓ I

H

@amino acid

Histidine

H

Hydrogen (chemical element)

H

hypodermic

H, hr, hor., hora
hour

H&P

History and Physical

H2A

H2-receptor Antagonist

H2RA

H2-receptor Antagonist

habt., habeat

let him have

Hb

Haemoglobin

HbA1c

glycosylated Haemoglobin (Haemoglobin A1c)

HC

Homocysteine

↑ ToC

↓ End

HC	Hydrocortisone
HCA	HealthCare Assistant
hCG	human Chorionic Gonadotropin
HCM	Hypertrophic CardioMyopathy
HCS	Homocysteine
HCSW	HealthCare Support Worker
Hct	Haematocrit
HDL	High Density Lipoprotein
HDU	High Dependency Unit
HE	Hashimoto's Encephalopathy
HEIW	Health Education and Improvement Wales
HF	Heart Failure
HGF	Hepatocyte growth factor
HGH	Human Growth Hormone
HH	Hiatus Hernia
His	Histidine
HMPV	human metapneumovirus
h/o	history of



@amino acid

HOcbl

Hydroxocobalamin (hydroxo form of vitamin B12)

HoloTC

Holotranscobalamin (Active B12)

hor. alt., hora alternis

every other hour (every second hour; at alternate hours)

hor. decub., hora decubitus

at bedtime

hor. Intermed., horis intermediis

at intermediate hours

hor. tert., horis tertiis

every third hour

HP

Helicobacter Pylori

HPA

Hypothalamus-Pituitary-Adrenal axis

HPG

Hypothalamus-Pituitary-Gonadal axis

HPT

Hyperparathyroidism

HPT

Hypothalamus-Pituitary-Thyroid axis

HPTB

HPT + body axis (Hypothalamus, Pituitary, Thyroid, Body Conversion).

HR

Heart Rate

HRT

Hormone Replacement Therapy (almost exclusively used for menopause treatment)

HS

High Sensitivity (often prefixed or suffixed to test names), often lower-case.

h.s., hora somni

at bedtime [or] half-strength (at the hour of sleep)

HSA

Human Serum Albumin

ht

height

HT Hashimoto's Thyroiditis

HT Hyperthyroid

HT Hypothyroid

HTN Hypertension

HU Health Unlocked <https://healthunlocked.com/>

HV Health Visitor

Hx *x-code*
History

hydroxo
Hydroxocobalamin – a form of vitamin B12

Hyper
Hyperthyroidism – low TSH level/high thyroid hormone

Hypo
Hypothyroidism – high TSH level/low thyroid hormone

I ↑ ToC ↓ End ↑ H ↓ J

I
Iodine (chemical element)

I *@amino acid*
Isoleucine

i, unus tabuletta
one tablet

I123, I₁₂₃
The 123 radioactive isotope of Iodine

I131, I₁₃₁
The 131 radioactive isotope of Iodine

IBW
Ideal Body Weight (for dosing based on clearance estimation)

IC
Interstitial cystitis

ICB



Integrated Care Board (England)

ICCIDD

International Council for Control of Iodine Deficiency Disorders
(renamed as Iodine Global Network)

ICD

Implantable cardioverter defibrillator

ICD, ICD-11-CM

International Classification of Diseases, Eleventh Revision, Clinical
Modification

<https://www.who.int/classifications/classification-of-diseases>

ICE

Integrated Clinical Environment

ICM

iodinated Contrast Media

ICS



Integrated Care System (England)

ICU

Intensive Care Unit

ID

intra-dermal

I.D.

Inner Diameter

IDA

Iron-Deficiency Anaemia

iDAPs

interactive Drug Analysis Profiles
Interactive Drug Analysis Profiles (iDAPs)

IDD

International Council for Control of Iodine Deficiency Disorders
(renamed as Iodine Global Network)

IF

Intrinsic Factor

IFA

Intrinsic Factor antibodies

IFab

Intrinsic Factor antibodies

Ig, IgA, IgD, IgE, IgG, IgM

Immunoglobulin, Immunoglobulin A, D, E, G or M

IGF, IGF-1, IGF-2, ...

Insulin-like Growth Factor

two cell-surface receptors (IGF1R and IGF2R)

two ligands (Insulin-like growth factor 1 (IGF-1) and (IGF-2))

IGFBP

IGF-Binding Proteins 1 to 7

IGN

Iodine Global Network (formerly ICCIDD) <https://ign.org/about/>

IHD

Ischaemic Heart Disease

ii, duo tabuletta

two tablets

iii, tres tabuletta

three tablets

IJ, inj., injectio

injection

IL

Interleukin

IL-1, IL-2, ...

Interleukin 1, 2, etc. through 36

Ile

Isoleucine

@amino acid

IM

Intramusculari., intramuscular

IMO

Intestinal Methanogen Overgrowth

IN

intranasal

ind., indies

daily

inf., infusum

infusion (extraction) / intravenous infusion

INN

International Non-proprietary Name

(aka recommended International Non-proprietary Name)

INR	international normalised ratio (of prothrombin clotting)
IO	intraosseous
IP	intraperitoneal
IR	Immediate Release
IRD	Inner Ring Deiodination
IT	intrathecal
ITA	Inferior Thyroid Artery
ITP	Idiopathic thrombocytopenic purpura (aka Immune thrombocytopenic purpura)
ITSHD	Isolated TSH deficiency
ITT	Insulin Tolerance Test
ITT	Improve Thyroid Treatment (UK forum) 
IU	International Unit
IV	Intravenous, iv.
IVI	intravenous infusion
IVP	intravenous pyelogram
IVPB	intravenous piggyback
IVF	In-vitro fertilisation
Ix	Investigation(s) <i>x-code</i>

J

↑ ToC

↓ End

↑ I

↓ K

JAK

Janus kinase

JDTLTYP

Jiedutongluo Tiaoying Formula

JTI

Jostel's TSH index (aka TSHI)

K

↑ ToC

↓ End

↑ J

↓ L

k

kilo- (unit prefix for a thousand – 1,000)

K

@amino acid

Lysine

K

Potassium (Kalium) – (chemical element)

K

Vitamin K

K1

Vitamin K1 Phylloquinone, phytomenadione or phytonadione

K2

Vitamin K2 (the menaquinones)

K2-MK7

Vitamin K2 – menaquinone-7

kDa

kilo Dalton

KI

Potassium Iodide

L

↑ ToC

↓ End

↑ K

↓ M

L

Laevo / Levo / L- (meaning: left)

L

@amino acid

Leucine

l

Litre

↑ ToC

↓ End

LA

Local Anaesthesia

LADA

Latent Autoimmune Diabetes of Adulthood

LAT

L-Type Amino Acid Transporter

lat. dol., lateri dolenti

to the painful side

LATS

Long-Acting Thyroid Stimulator

las

label as such

LAVH

Laparoscopic-Assisted Vaginal Hysterectomy

lb., libra

Pound (weight) – also ~~lb~~ (called L B Bar symbol)

LBD

Lewy Body Dementia

LC

Long Covid

l.c.d., liquor carbonis detergens

coal tar solution

LCFH

low carbohydrate, high fat (usually used to describe an approach to diet)

LDH

lactate dehydrogenase (an enzyme and the blood test for that enzyme)

LDL

Low Density Lipoprotein

LDN

Low Dose Naltrexone

Leu

Leucine

@amino acid

Levi

A common mistaken reference to levothyroxine (Levo) often caused by auto-correct software.

Levo

Colloquial reference to Levothyroxine

LFT	Liver Function Test
LH	Luteinising Hormone
Li	Lithium (chemical element)
LID	Low Iodine Diet
lin, linimentum	liniment
Lio	Colloquial reference to Liothyronine
liq.	liquor, solution
LLQ	Left Lower Quadrant
LMP	Last Menstrual Period
lot., lotio	lotion
LP	Lumbar Puncture
Lp(a)	Lipoprotein (a)
LPR	Laryngopharyngeal Reflux
LQTS	Long QT syndrome
LSM	Liver Stiffness Measurement
LST	Long Synacthen Test
LT3 / L-T3	Liothyronine
LT4 / L-T4	Levothyroxine

LTC	Long Term Condition	
LTHY	Thyroid Function Test (ICE Code)	
LUQ	Left Upper Quadrant	
LVH	Left Ventricular Hypertrophy	
Lx	Lower extremity	<i>x-code</i>
Lx	Lumpectomy	<i>x-code</i>
Lymphs	Lymphocytes	
Lys	Lysine	<i>@amino acid</i>

M	↑ ToC	↓ End	↑ L	↓ N
---	-------	-------	-----	-----

m	milli- (unit prefix for one thousandth, 1/1000)	
M	mega- (unit prefix for a million – 1,000,000)	
M	Methionine	<i>@amino acid</i>
M., m., misce	mix	
MA	Marketing Authorisation	
MAH	Marketing Authorisation Holder	
mane	in the morning	
MASH	metabolic (formerly non-alcoholic - NASH) steatohepatitis	
MASLD	Metabolic Dysfunction-Associated Steatotic Liver Disease	

MAT

Microsomal Antibodies Test (former name of Thyroid Peroxidase antibodies)

max., maximum

maximum

mc

micro- (unit prefix for one millionth, 1/1,000,000)

MCA/MCAs

Multi-Compartment Compliance Aid(s)

MCAS

Mast Cell Activation Syndrome

MCC

Microcrystalline Cellulose

mcg

microgram

MCH

Mean Corpuscular Haemoglobin

MCHC

Mean Corpuscular Haemoglobin Concentration

MCT8, 10

Methylcarboxylate transporter 8, 10

MCTD

Mixed Connective Tissue Disease

MCV

Mean Corpuscular Volume = Mean Cell Volume

MD

Doctor of Medicine

MDT

Multidisciplinary Team

m.d.u., more dicto utendus

to be used as directed

ME

Myalgic Encephalopathy/ Myalgic Encephalomyelitis

MeCBL

Methylcobalamin (methyl form of vitamin B12)

MEN/MENS

hereditary Multiple Endocrine Neoplasia syndrome (sometimes with a type number)

Met

Methionine

@amino acid

methyl

Methylcobalamin – a form of vitamin B12

MF

Myelofibrosis

Mg

Magnesium (chemical element)

mg

milligram

MG

Myasthenia Gravis

MGD

Meibomian Gland Dysfunction

MGUS

Monoclonal Gammopathy of Undetermined Significance

MH

Mental Health

MHC

Major Histocompatibility Complex

MHRA

Medicines and Healthcare Products Regulatory Agency

<https://www.gov.uk/government/organisations/medicines-and-healthcare-products-regulatory-agency>



MI

Myocardial Infarction

midi

at midday

miDNA

microDNA

min

Minim (fluid measure)

min., minimum [or] minim [or] minutum

minimum [or] minim [or] minute

mist., mistura

mixture

MIT	Monoiodotyrosine
mit., mitt., mitte	number of tablets provided
mIU	milli-International Unit
mL	millilitre
MMA	Methylmalonic acid
MMH	Monitor My Health
mmHG	millimetres of mercury
mmol	millimole
Mn	Manganese (chemical element)
MNG	Multi-nodular Goitre
MNP	Myeloproliferative neoplasm
MNYES	Medically Not Yet Explained Symptoms
MO	Medicines Optimisation
mod. præscript., modo præscripto	in the manner directed
MPN	Myeloproliferative neoplasm
MPV	Mean Platelet Volume
MR, m/r	Modified release
MRI	Magnetic Resonance Imaging

mRNA

messenger RNA

MRSA

Methicillin Resistant Staphylococcus Aureus

MS

Multiple Sclerosis

MSA

Multiple System Atrophy

MSK

Musculo-skeletal

MSM

methanesulfonylmethane

MSU

Mid-Stream Urine Sample

MTC

Medullary Thyroid Carcinoma

mtDNA

Mitochondrial DNA

MTHFR

methylenetetrahydrofolate reductase (NAD(P)H) or the gene that codes for this enzyme



mU

milli-International Unit

MUS

Medically-Unexplained-Symptoms

MVP

Mitral valve prolapse

Mx

Massage

x-code

Mx

Mastectomy

x-code

Mx

Multiple

x-code

N

↑ ToC

↓ End

↑ M

↓ O

n

nano- (unit prefix for millionth, 1/1,000,000,000)

N

@amino acid

Asparagine

N

Nitrogen (chemical element)

n/a

not applicable

NA

No Action

NA

Nutri-Adrenal (brand name)

Na

Sodium (Natrium) (chemical element)

NAC

Acetylcysteine, aka N-acetylcysteine or N-acetyl-L-cysteine (NAC)

NACB



National Academy of Clinical Biochemistry <https://www.aacc.org/>

NAD

Nothing Abnormal Detected (or Discovered)

NAD / NAD+

Nicotinamide Adenine Dinucleotide

NAFLD

Non-Alcoholic Fatty Liver Disease

NAI

Non-Accidental Injury

NASH

Non-Alcoholic (now metabolic) SteatoHepatitis

NAX

Nutri-Adrenal Extra

NBM

Nil By Mouth

NCBI



National Center for Biotechnology Information

↑ ToC

↓ End

Abbreviations & Acronyms

NCGS

Non-Coeliac Gluten Sensitivity

NCS

National Care Service

ND

Naturopathic Doctor

NDC

National Drug Code

<https://www.fda.gov/drugs/drug-approvals-and-databases/national-drug-code-directory>



NDT

Natural Desiccated Thyroid (= Desiccated Thyroid Extract)

nebul, neb., nebula

a spray (such as for insufflation)- nebuliser

NED

No Evidence of Disease

NEFA

Non-Esterified Fatty Acid

NET/NETs

NeuroEndocrine Tumours

NF1 / NF2

Neurofibromatosis 1 or 2

ng

nanogram

NG

nasogastric

NHANES

National Health and Nutrition Examination Survey

<https://www.cdc.gov/nchs/nhanes/index.htm>



NHL

Non-Hodgkin lymphoma

NHS

National Health Service <https://www.nhs.uk/>



NHSE&I

NHS & NHS Improvement <https://www.england.nhs.uk/about/>



NICE



National Institute for Clinical Excellence <https://www.nice.org.uk/>

NIDDM

Non-insulin dependent diabetes mellitus

NIFTP

noninvasive follicular thyroid neoplasm with papillary-like nuclear features

NIH



National Institutes of Health <https://www.nih.gov/>

NIHR



National Institute for Health and Care Research

NIS

Sodium Iodide Symporter

NK

Natural Killer Cells

NKA

No Known Allergies

nL

nanolitre

NLT

Not Less Than

NMN

Nicotinamide mononucleotide

nmol

nanomole

NMR

Nuclear Magnetic Resonance (the physical phenomenon behind Magnetic Resonance Imaging)

NMT

not more than

NNH

Number Needed to Harm

NNT

Number Needed to Treat

NOAF

new-onset atrial fibrillation/flutter

noct., nocte
every night / at night

NoF
neck of femur

non rep., non repetatur
no repeats (no refills)

NPF
Nurse Prescribers' Formulary
<https://bnf.nice.org.uk/nurse-prescribers-formulary/>



NPO, n.p.o.
nil per os / nothing by mouth / not by oral administration

NRV
Nutrient Reference Value

NS
Normal Saline (0.9%)

NSAID
Non-Steroidal Anti-Inflammatory Drug

NSVT
Non-Sustained Ventricular Tachycardia

NTD
Neural Tube Defect

NTE
Not To Exceed

NTI
Non-Thyroidal Illness

NTIS
Non-Thyroidal Illness Syndrome

NWSSP
NHS Wales Shared Services Partnership



O	↑ ToC	↓ End	↑ N	↓ P
----------	--------------	--------------	------------	------------

O
Oxygen (chemical element)

O
Pyrrolysine @amino acid

o 2, o2

both eyes

OA

Osteoarthritis

OAB

Overactive Bladder

OAT

Over-Active Thyroid

OATP1, OATP1C, etc.)

Organic Anion Transporting Polypeptides

OATs

organic anion transporters

OATS

Organic Acid Test

od, o.d., omni die

every day / once daily

o.d., oculus dexter

right eye

O.D.

Outer Diameter

ODF/ODFs

Oral Dissolving Film strip

o/e

on examination

OGTT

Oral Glucose Tolerance Test

OLS

Own Label Supplier

om, o.m., omni mane

omni mane / every morning

omn. bih., omni bihora

every 2 hours

omn. hor., omni hora

omni hora / every hour

on, o.n., omni nocte

omni nocte / every night)

OOH

Out of Hours

OP

Original Poster – of a question or post

OPD

once per day

OR

Odds Ratio

ORD

Outer Ring Deiodination

o.s., oculus sinister

left eye

OSA

Obstructive Sleep Apnoea

OT

Occupational Therapist

OTC

Over-The-Counter medicine (not a formal category in the UK)

o.u., oculus uterque

both eyes

oz

Ounce (unit of weight or fluid - not apothecaries' measure)

P

↑ ToC

↓ End

↑ O

↓ Q

P



Pharmacy-only medicine (medicines category)

P

Phosphorus (chemical element)

p

pico- (unit prefix for trillionth, 1/1,000,000,000,000)

P

@amino acid

Proline

p., perstetur

continue

p̄

After

↑ ToC

↓ End

P5P

Pyridoxal 5'-Phosphate (vitamer of vitamin B6)

PA

Pernicious Anaemia

PA

Physician Assistant

PA

Posterior Anterior

PABA

4-Aminobenzoic acid (aka Para-AminoBenzoic Acid)

PAC

Premature Atrial Contractions

PAH

Pulmonary Arterial Hypertension

PALS

Patient Advice and Liaison Services



PAPIG

Patient and Public Interest Group

PAR

Public Assessment Report



part. æq., partes æquales

equal parts

PAS

Pernicious Anaemia Society <https://pernicious-anaemia-society.org/>

PBC

Primary Biliary Cirrhosis

PBI

Protein-bound Iodine

p/c

presenting complaint

PC

Parietal Cell

p.c., post cibum, post cibe

after food

PCA

Parietal Cell antibodies

PCab

Parietal Cell antibodies

PCAB

Potassium Competitive Acid Blockers

p.c.h.s., pc&hs, post cibum et hora somni

after meals and at bedtime

PCOS

Polycystic ovary syndrome

PCP

Primary Care Physician

PCN

Penicillin

PCR

Polymerase Chain Reaction

PCT

Primary Care Trust

PD

Parkinson's Disease

PEM

Post-Exertional Malaise

per

by or through

PESE

Post Exertion Symptom Exacerbation

PET

Positron Emission Tomography

PF

Plantar Fasciitis

pg

picogram (trillionth, 1/1,000,000,000,000, of a gram)

Ph. Eur.

European Pharmacopoeia

<https://www.edqm.eu/en/European-Pharmacopoeia-Background-Mission>

PHA

Public Health Agency (Northern Ireland)

<https://www.publichealth.hscni.net/>



Phe @amino acid

Phenylalanine

PHE 

Public Health England <https://www.gov.uk/government/organisations/public-health-england>

PHN 

PostHerpetic Neuralgia

PHS 

Public Health Scotland <https://publichealthscotland.scot/>

PHTP 

Post-traumatic hypopituitarism

PHW 

Public Health Wales <https://phw.nhs.wales/>

physio

physiotherapist

PIC 

Punctate Inner Choroidopathy

PID 

Pelvic Inflammatory Disease

pig., pigm., pigmentum

paint

PIL 

Patient Information Leaflet

PKA 

Protein Kinase A

pL 

picolitre (trillionth, 1/1,000,000,000,000, of a litre)

PL 

Product Licence

PL 

Prolactin

Platelet 

Platelet count - number of platelets in a given volume of blood.

PLEX 

plasmapheresis

PLMD

Periodic limb movement disorder

PLP

Pyridoxal Phosphate

pm, p.m., post meridiem

after noon or evening

PM

Private Message

PMC

PubMed Central or PubMed Central identifier



PMDD

Premenstrual dysphoric disorder

PMID

PubMed Identifier

pmol

picomole

PMR

Polymyalgia rheumatica

PN

Peripheral Neuropathy

PND

Post nasal drip

PND

Post-natal depression

PNT

Patient

po, p.o., per os

by mouth / orally / oral administration

POI

Premature Ovarian Insufficiency

POM

Prescription Only Medicine (medicines category)

POP

Plaster Of Paris

POTS/PoTS

Postural tachycardia syndrome

PP

Postpartum

PPD

Postpartum Depression

PPG

Photoplethysmography (sensor)

PPI

Proton Pump Inhibitor

PPPD

Persistent Postural Perception disorder

PPT

Postpartum Thyroiditis

PPT

Postpartum Thyrotoxicosis

ppt., præparata

prepared

pr, p.r., PR, per rectum

rectally

PRES

Postural Reversible Encephalopathy Syndrome

PRF

Pulse Radio Frequency

PRL

Prolactin

p.r.n., PRN, pro re nata

when required

Pro

Proline

@amino acid

PSA

Prostate Specific Antigen

PSVT

Paroxysmal Supraventricular Tachycardia

PT

Partial Thyroidectomy

Pt

patient

PT

Prothrombin Time

pt., perstetur

continue

PTC

Papillary Thyroid Carcinoma

PTH

Parathyroid Hormone

PTHC

Peripheral Thyroid Hormone Conversion

PTHrP

Parathyroid Hormone-related Protein

PTSD

Posttraumatic Stress Disorder

PTT

partial thromboplastin time

PTU

Propylthiouracil

PU

Passed Urine

pulv., pulvis

powder

p.v., PV, per vaginam

vaginally

PV

Polycythaemia Vera/Polycythemia Vera

PV

Plasma Viscosity

PVCs

Premature Ventricular Contractions

PVF

Primary Ventricular Fibrillation

PVFS

Post Viral Fatigue Syndrome

PVP

Polyvinylpyrrolidone aka polyvidone or povidone

PVN	Paraventricular Nucleus	
PWAG	people avoiding gluten without celiac disease	
Px, R	Prescription	<i>x-code</i>
PX	Procedure Code	<i>x-code</i>
Px	Prognosis	<i>x-code</i>
Px	Physical examination	<i>x-code</i>
Pyl	Pyrrolysine	<i>@amino acid</i>

Q

↑ ToC

↓ End

↑ P

↓ R

q, quaque	every, per	
Q	Glutamine	<i>@amino acid</i>
q.1 h, q.1, quaque 1 hora	every 1 hour (can replace "1" with other numbers)	
q4PM	at 4 pm (can replace "4" with other numbers)	
q.a.d., quaque alternis die	every other day	
QALY	Quality-adjusted life year	
q.a.m., quaque die ante meridiem	every morning (every day before noon)	
q.d., q.1.d., quaque die	every day	
q.d.a.m., quaque die ante meridiem	once daily in the morning	
q.d.p.m., quaque die post meridiem	once daily in the evening	

qds, q.d.s., quater die sumendus, quater die sumendum
four times daily

q.h., quaque hora
every hour

q.h.s., quaque hora somni
every night at bedtime

qid, q.i.d., qid, quater in die
quater in die (four times each day)

q.l., quantum libet
as much as is requisite

q.n., quaque nocte
every night

q.o.d., quaque altera die
every other day

QOF



Quality and Outcomes Framework

QoL

Quality of Life

q.p.m., quaque die post meridiem
every evening (every day after noon)

q.q., quaque
every; each

qqh
quarta quaque hora (every hour hours)

q.s., quantum sufficiat (subjunctive), quantum sufficit (indicative), quantum satis
as much as suffices; a sufficient quantity

q.s.a.d
add up to

QUS

quantitative ultrasound

q.v., quantum volueris
at will

q.v., quod vide
which see

QWK

every week

R

@amino acid

Arginine

RA

Rheumatoid Arthritis

RAAS

Renin-Angiotensin-Aldosterone System

RAE

Retinol Activity Equivalents

RAI

Radio-active Iodine (or I-131 or I-123)

RAIA

Radio-active Iodine Ablation

RAIU

Radio Active Iodine Uptake

RBC

Red Blood Cell

RBC

Red Blood Cell Count

RCC

Red Cell Count

RCGP

Royal College of General Practitioners <https://www.rcgp.org.uk/>

RCP

Royal College of Physicians <https://www.rcplondon.ac.uk/>

RCP

Le résumé complet des caractéristiques du produit. Equivalent to Summary of Product Characteristics.

RDA

Recommended Dietary Allowance (as of a nutrient)

RDW

Red Cell Distribution Width

REMS

Radiofrequency Echographic Multispectrometry

rep., rept., repetatur

let it be repeated, repeats

RF

Rheumatoid Factor

RFA

Radio-Frequency Ablation

RH

Radical Hysterectomy

rhGH

recombinant Human Growth Hormone

RHR

Resting Heart Rate

rhTSH

recombinant human TSH (Thyrogen)

RI

Reference Interval

RI

Recommended Intake (as of a nutrient)

RIA

Radio-active Iodine Ablation

RIA

Radio-iodine assay

rINN

Recommended International Non-proprietary Name

RIT

Radioiodine treatment

RLN

Recurrent Laryngeal Nerve

RLQ

Right Lower Quadrant

RLS

Restless Leg Syndrome

RMOC

Regional Medicines Optimisation Committee

RN

Registered Nurse



RNA	ribonucleic acid	
RNLD	learning disability nurse	
r/o	rule out	
ROM	Range Of Motion	
ROSC	Return Of Spontaneous Circulation	
RR	Reference Range	
RRMS	Relapsing-Remitting Multiple Sclerosis	
rRNA	Ribosomal RNA	
r/t	related to	
rT3	Reverse T3 3,3',5'-Triiodo-L-thyronine 3,3',5'-Triiodothyronine Reverse triiodothyronine	
rT3S	Reverse T3 Sulphate	
RTA	Road Traffic Accident	
RTH	Resistance to Thyroid Hormone	
RUQ	Right Upper Quadrant	
RVR	Rapid Ventricular Response	
Rx	Pharmacy	<i>x-code</i>
Rx	Referral	<i>x-code</i>

Right

Rx or R, Rp, recipe

Recipere; Prescription – “Take this” – Treatment, take

S**↑ ToC****↓ End****↑ R****↓ T****S**

@amino acid

Serine

S

Sulphur/Sulfur (chemical element)

s., signa

write (write on the label)

̄s, sine

without (usually written with a bar on top of the "s")

s.a., secundum artem

according to the art (accepted practice or best practice)

SACDSC

Subacute combined degeneration of spinal cord

SACN

Scientific Advisory Committee on Nutrition

**SAD**

Seasonal Affective Disorder

SADC

Subacute combined Degeneration of spinal Cord

SAH

Subtotal Abdominal Hysterectomy

SAH

Supracervical Abdominal Hysterectomy

SAMe

S-Adenosyl-L-Methionine

SAR

Subject Access Request

SARS

Severe Acute Respiratory Syndrome

SARS-CoV-2

Severe acute respiratory syndrome coronavirus 2

SAT	Subacute Thyroiditis	
SATs	Oxygen saturation	
SC	Sub-clinical	
SC	Subcutaneous	
SCM	Sternocleidomastoid muscle	
Se	Selenium (chemical element)	
Se	Serum	
Sec	Selenocysteine	@amino acid
sem.	semen, seed	
Ser	Serine	@amino acid
SERM	Selective Estrogen Receptor Modulator	
SFN	Small Fibre Neuropathy	
SGLT	Sodium Glucose Co-Transporter	
SHBG	Sex Hormone-Binding Globulin	
SI	Self Injection	
SI	Stress Incontinence	
SIADH	Syndrome of Inappropriate Antidiuretic Hormone Secretion	
SIBO	Small Intestinal Bacterial Overgrowth	

s.i.d., semel in die

once a day

sig., signa, signetur

write (write on the label)

sing., singulorum

of each

SL, s.l., sub lingua

sublingually, under the tongue

SLD

Steatotic liver disease

SLE

Systemic Lupus Erythematosus

SLS

Sodium Lauryl Sulfate

SLT

Speech and Language Therapist

SMA

Anti-Smooth Muscle Antibody

SMC

Scottish Medicines Consortium <https://www.scottishmedicines.org.uk/>



SmPC

Summary of Product Characteristics (often just SPC)

SNOMED CT

Systematized Nomenclature of Medicine – Clinical Terms

<https://digital.nhs.uk/services/terminology-and-classifications/snomed-ct>



SNP

Single-Nucleotide Polymorphism

SNRI

Serotonin–Norepinephrine Reuptake Inhibitor

SNRT

Sinus Node Recovery Time

SNRT

Sinus Nodal Reentrant Tachycardia

SO

Struma Ovarii

SO2 / SO2

Oxygen Saturation

SOB

Shortness Of Breath

sol., solutio

solution

SORSHOT

Syndrome of residual symptoms of hypothyroidism on T4.

s.o.s., si op. sit, si opus sit

if there is a need

SOX

Sulfite oxidase

s/p

status post

SPC

Summary of Product Characteristics

SPECT

Single Positron Emission Computed Tomography

SpR

specialist registrar

SPS

Specialist Pharmacy Service <https://www.sps.nhs.uk/>



SQ

Subcutaneous

SR

Sustained Release / Slow Release

SREAT

Steroid-Responsive Encephalopathy with Associated Thyroiditis

SS

Sjögren's syndrome

s/s

Signs and Symptoms

s.s., SS, semisse

Latin “semis” meaning “half”, one-half

SSI

Sliding Scale Insulin or sliding scale regular insulin

SSP

Serious Shortage Protocol

SSRI

Selective Serotonin Re-uptake Inhibitor

SST

Short Synacthen Test (uses a synthetic analogue of adrenocorticotrophic hormone (ACTH))

SST

Serum Separating Tube (phlebotomy)

ST

Silent Thyroiditis

s/t

secondary to

st., stet

let it stand (for example, for settling)

stat, statim

statim (immediately)

STEMI

ST-elevation myocardial infarction

STN

Solitary Thyroid Nodule

subcut, SubQ

subcutaneously

sum., sumat, sumendum

take , let him take

supp., suppositorium

suppository

susp., suspensio

suspension

SVT

SupraVentricular Tachycardia

Sx

Surgery

x-code

Sx (plural: sxs)

Symptom (symptoms)

x-code

Synacthen

Synthetic Analogue of Adrenocorticotrophic Hormone (ACTH).

syr., syrupus
syrup

T	↑ ToC	↓ End	↑ S	↓ U
----------	--------------	--------------	------------	------------

T @amino acid

Threonine

T

thymine nucleobase (DNA)

T0AM

Thyronamine

T1

3'-T1, 4732-82-5, L-Tyrosine,
O-(4-hydroxy-3-iodophenyl)-,
3'-Iodothyronine,
O-(4-hydroxy-3-iodophenyl)-L-tyrosine

T1D, T1DM

Type 1 Diabetes Mellitus

T2

3,3'-Diiodothyronine,
3,3'-Diiodo-L-thyronine,
3,3'-DEIODO-THYROXINE,
O-(4-Hydroxy-3-iodophenyl)-3-iodo-L-tyrosine

T2D, T2DM

Type 2 Diabetes Mellitus

T3

Liothyronine (as a medicine)
Tri-iodo-thyronine (as the hormone)
3,3',5-Triiodo-L-thyronine

T3L

T3 libre (Free T3)



T3RU

T3 Resin Uptake (aka T3 uptake)

T3S

T3 Sulphate

T4

Levothyroxine/thyroxine/tetra-iodothyronine

T4L

T4 libre (Free T4)

↑ ToC

↓ End

T4S	T4 Sulphate
T7	Free Thyroxine Index (aka FTI)
tab., tabella	tablet
TAE	Thyroid Artery Goitre Embolization
TAH	Total Abdominal Hysterectomy
TAH-BSO	Total Abdominal Hysterectomy with Bilateral Salpingo-Oophorectomy
tal., t., talus	such
TAMs	Thyronamines
TANZ	Thyroid Association of New Zealand http://www.thyroidnz.org/tanz.php 
TAO	Thyroid-associated Orbitopathy (Graves' orbitopathy, thyroid eye disease)
TATT	Tired All The Time
TAVI	Transcatheter Aortic Valve Implantation
TBAbs	Thyroid-blocking antibodies
TBG	Thyroid Binding Globulin
TBI	Thyroxine-Binding Index
TBI	Thyrotrophin Binding Inhibiting Immunoglobulin
TBPA	Thyroxine-Binding Prealbumin – (more commonly called Transthyretin)
TBS	Trabecular Bone Score

tbsp

tablespoon (in metric systems, formalised as 15ml)

TCI

to come in

TCM

Traditional Chinese Medicine

TCMSP

Traditional Chinese Medicine Systems Pharmacology Database and Analysis Platform

TdP

Torsades de Pointes

TDS, tds, ter die sumendum, t.i.d., t.d., ter in die

three times a day, ter die sumendum

TED

Thyroid Eye Disease

TEDct

Thyroid Eye Disease charitable trust <http://tedct.org.uk/>



TETRAC

Tetraiodothyroacetic acid

TFRNS

Transferrin saturation

TFT

Thyroid Function Test

TG

Thyroglobulin

TG

Triglycerides

TGA

Therapeutic Goods Administration



TGab

Thyroglobulin antibodies

TGF

Transforming Growth Factors β

TGI

Thyroid Growth-stimulating Immunoglobulin

THBP

Thyroid Hormone Binding Protein

THBR

Thyroid Hormone Binding Ratio

THF

tetrahydrofolate

Thr

Threonine

@amino acid

THR

Thyroid Hormone Receptor

THR

Thyroid Hormone Resistance

THR

Traditional Herbal Registration

THRA

Thyroid Hormone Receptor Alpha - THRA1, THRA2, ERBA1

THRB

Thyroid Hormone Receptor Beta

THW

thyroid hormone withdrawal

ThyCa

Thyroid Cancer – such as: Papillary, Follicular, Medullary, Anaplastic

Thx

Therapy

TIA

Transient Ischaemic Attack

TIBC

Total Iron-Binding Capacity

tid

ter in die (three times daily)

tinc., tinct., tinctura

tincture

t.i.w.

3 times a week

TLA

Three Letter Abbreviation

TMG

Trimethylglycine (aka betaine)

TMJ

TemporoMandibular Joint

TMNG

Toxic Multi-Nodular Goitre

TN

Trigeminal Neuralgia

TNF

Tumour Necrosis Factor

top.

topical

TPC

Thyroid Patients Canada <https://thyroidpatients.ca/>



TPEX

TPOAb sometimes referred to as anti-thyroid peroxidase antibodies (TPEX).

TPN

Total Parenteral Nutrition

TPO

Thyroid Peroxidase

TPOab

Thyroid Peroxidase antibodies

TPR

Temperature, Pulse and Respiration

TR

Thyroid hormone Receptor - TR- α (TR- α 1; TR- α 2;TR- α 3) TR- β (TR- β 1; TR- β 2; TR- β 3)

Tr

tincture

TR- α (TR- α 1, TR- α 2, TR- α 3)

Thyroid hormone receptor alpha 1 to 3

TR- β (TR- β 1, TR- β 2, TR- β 3)

Thyroid hormone receptor beta 1 to 3

TRab

TSH Receptor Antibodies

TRAMP

Thyroid Regional Assessment and Management Plan

TRH

Thyrotropin Releasing Hormone

TRIAC

Triiodothyroacetic Acid (aka tiratricol)

TRIG

Triglycerides

trit., triturate

grind to a powder

Troch., trochiscus

lozenge

Trp

Tryptophan

@amino acid

TR α

Thyroid Hormone Receptor alpha

TR β

Thyroid Hormone Receptor beta

TSab

Thyroid Stimulating antibodies

TSBAb

TSH-stimulation blocking antibody

TSH

Thyroid Stimulating Hormone

TSH-R

TSH Receptor

TSHI

Jostel's TSH index (aka JTI)

TSHR-Ab

Thyrotropin-Receptor antibody

TSI

Thyroid Stimulating Immunoglobulin

tsp

teaspoon (in metric systems, formalised as 5ml)

TT

Total Thyroidectomy

TT3	Total T3
TT4	Total T4
TTA	to take away
TTC	Trying To Conceive
TTFD	Thiamine Tetrahydrofurfuryl Disulphide
TTG	Tissue Transglutaminase
tTGA	Tissue TransGlutaminase antibody
TTO	to take out
TTR	Transthyretin
TUDCA	tauroursodeoxycholic acid
TUK	Thyroid UK https://thyroiduk.org/
TVH	Total Vaginal Hysterectomy
Tx	Traction
Tx	Transfer
Tx	Transfusion
Tx	Transplant
Tx	Transport



x-code

x-code

x-code

x-code

x-code

Tx	Treatment/Therapy	<i>x-code</i>
Tx	Triage	<i>x-code</i>
Tyr	Tyrosine	@amino acid

U
↑ ToC
↓ End
↑ T
↓ V

U	International Unit	
U	uracil nucleobase (RNA)	
U	Selenocysteine	@amino acid
U&E	Urea and Electrolytes	
UAT	Under-Active Thyroid	
UCP	Uncoupling protein UCP1, aka thermogenin or SLC25A7, UCP2, aka SLC25A8, UCP3, aka SLC25A9, UCP4, aka SLC25A27, UCP5, aka SLC25A14	
UCTD	Undifferentiated Connective Tissue Disease	
u.d., ut. dict., ut dictum	as directed	
ug	microgram	
UIC	Urinary Iodine Concentration	
UL	Upper Limit (typically of intake)	
UKAS	United Kingdom Accreditation Service https://www.ukas.com/	
UMFA	Unmetabolized Folic Acid	

ung., unguentum
ointment

UNII
Unique Ingredient Identifiers

UoM
Unit of Measurement

US
Ultrasound

USO
Unilateral Salpingo-Oophorectomy

USP
U.S. Pharmacopeia <https://www.usp.org/>



USS
UltraSound Scan

UTA
Upper Thyroid Artery

UTI
Urinary tract infection

UV
Ultraviolet light

UV-A
Ultraviolet A - 315–400 nm

UV-B
Ultraviolet B - 280–315 nm

UV-C
Ultraviolet C - 200–280 nm

Ux *x-code*
Upper extremity

V	↑ ToC	↓ End	↑ U	↓ W
----------	--------------	--------------	------------	------------

V *@amino acid*
Valine

vag., vagine
vaginally

Val *@amino acid*
Valine

VDR	Vitamin D Receptor	
Vit (Vit A, Vit C, etc.)	Vitamin	
VLDL	very-low density lipoprotein	
VM	Vestibular Migraine	
VMA	Vanillylmandelic acid	
VR	valeurs de référence (reference range)	
VSS	Vital Signs Stable	
VTE	venous thromboembolism	
vWF	Von Willebrand Factor	
Vx	Vaccine	<i>x-code</i>

W

↑ ToC

↓ End

↑ V

↓ X

W	Tryptophan	<i>@amino acid</i>
w	with	
WA, w/a	While Awake	
WAT	White Adipose Tissue	
WBC	White Blood Cell	
WBC	White Blood Cell Count	
WBS	Whole Body Scan	

w/f
With food (meals)

WHO
World Health Organisation <https://www.who.int/>

WNL
Within Normal Limits

w/o
without

wt
Weight

X

↑ ToC

↓ End

↑ W

↓ Y

X, x
times

XR
Extended Release

Y

↑ ToC

↓ End

↑ X

↓ Z

Y
Tyrosine @amino acid

YE
Yersinia enterocolitica

YO, y.o.
Years old

Z

↑ ToC

↓ End

↑ Y

↓ ℓ

Zn
Zinc (chemical element)

Non-alphabetic entries

℥ ℥

↑ ToC

↓ End

↑ Z

↓ %

℥ ℥
Minim (Apothecaries' measure)
1 imperial minim = 1/480 imperial fluid ounce
= 1/60 imperial fluid drachm
= 59.1938802083 micro-litres (exactly)

%

↑ ToC

↓ End

↑ ℥

↓ %

% Bas
Basophils
% Eos
Eosinophils
% Mono
Monocytes
% Neutrophil
Neutrophils

℥

↑ ToC

↓ End

↑ %

↓ ℥

℥
Scruple (Apothecaries' measure)

℥

↑ ToC

↓ End

↑ ℥

↓ <

℥
Ounce (Apothecaries' measure)

<

↑ ToC

↓ End

↑ ℥

↓ >

<
Less than
<= or ≤
Less than or equal to

>	↑ ToC	↓ End	↑ <	↓ 1
---	-------	-------	-----	-----

>
Greater than

>= or ≥
Greater than or equal to

1	↑ ToC	↓ End	↑ >	↓ 3
---	-------	-------	-----	-----

111 
NHS 111 is a free service for urgent medical advice and help.

112 
999 and 112: the UK's national emergency numbers

3	↑ ToC	↓ End	↑ 1	↓ 5
---	-------	-------	-----	-----

3-T1AM
3-iodothyronamine

3-T1S
T1 Sulphate

3,3'T2
3,3'-Diiodothyronine

3,3'T2S
T2 Sulphate

3,5T2
3,5-Diiodothyronine – T2

5	↑ ToC	↓ End	↑ 3	↓ 7
---	-------	-------	-----	-----

5-HTP
5-Hydroxytryptophan

7	↑ ToC	↓ End	↑ 5	↓ 9
---	-------	-------	-----	-----

7-keto-DHEA
7-Ketodehydroepiandrosterone
7-oxoprasterone

9

↑ ToC

↓ End

↑ 7

↓ #

999



999 and 112: the UK's national emergency numbers

#

↑ ToC

↓ End

↑ 9

↓ 3

#

fracture

3

↑ ToC

↓ End

↑ #

↓ μ

3

Drachm or dram (Apothecaries' measure)

μ

↑ ToC

↓ End

↑ 3

↓ Greek

μg

microgram

μL

microlitre

μmol

micromole

The Greek alphabet, upper and lower cases, and names of letters.

A α	alpha
B β	beta
Γ γ	gamma
Δ δ	delta
E ε	epsilon
Z ζ	zeta
H η	eta
Θ θ	theta

I ι	iota
K κ	kappa
Λ λ	lambda
M μ	mu
N ν	nu
Ξ ξ	xi
O ο	omicron
Π π	pi

P ρ	rho
Σ σ/ς	sigma
T τ	tau
Υ υ	upsilon
Φ φ	phi
X χ	chi
Ψ ψ	psi
Ω ω	omega

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